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### Berry Good Banana Split

**Ready In:** 5 minutes

**Serves:** 1

A twist on the banana-split thats packed with added nutrients and flavor!

#### Ingredients

- » 1 Banana *peeled*
- » 1/2 cup Vanilla Yogurt *low-fat*
- » 1 tablespoon Granola *low-fat*
- » 1/2 cup Blueberries or Strawberries or Raspberries

#### What you'll need

- » Cutting board
- » Sharp knife
- » Measuring cups
- » Measuring spoons
- » Serving bowls

#### Directions

1. Cut the banana in half lengthwise.
2. Spoon yogurt into a bowl.
3. Place the banana halves on both sides of the yogurt.
4. Top yogurt with granola and berries. Serve.



Nutrition Facts	
Serving Size 1.00	
Serving Per Container 1	
Amount Per Serving	
<b>Calories 278</b>	
	<b>% Daily Value*</b>
<b>Total Fat 3.4 g</b>	<b>4%</b>
Saturated Fat 1.3 g	<b>7%</b>
<b>Sodium 94 mg</b>	<b>4%</b>
<b>Total Carbohydrate 58 g</b>	<b>21%</b>
Dietary Fiber 6 g	<b>21%</b>
<b>Protein 8.5 g</b>	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	